



YASS VALLEY

DAY SPA

Tanning Treatments

All treatments involve a mandatory consultation prior to arrival for your appointment, which allows for any tailoring required to your treatment as well as any health or physical restrictions that may affect you receiving your treatment. The booking system will advise if the treatment is suitable to pregnant clients and those in a wheelchair.

How do I prepare for the treatment?

Preparation is the key to a flawless tan.

- If you're preparing for an event, it is recommended to schedule your tanning appointment 2-3 days in advance
- Full body exfoliation (including underarms) and hair removal should be completed 24 hours prior to your tanning appointment.
- A rich thick moisturiser pre and post tanning will also optimise your results
- Brow tinting should not occur within 24 hours of your tanning appointment
- Deodorant should not be worn, or at least removed prior to the treatment
- Disposable g-strings are available for use during your treatment, however if you prefer your own underwear, it is recommended that a dark colour be worn
- A loose fitting dress and slip-on shoes are the recommended attire as your tan will continue to dry over time
- It is not recommended to spray tan over an existing sunburn, please advise if you are sunburnt as your tanning appointment will need to be rescheduled.

What do I need to do after my treatment?

- Tanning does not have any sun-protection qualities; therefore, it should not be considered as a safe protector from UV damage. SPF & appropriate attire is always recommended
- Exercise and excessive sweating are not recommended for 24 hours
- Hot spas, pools and saunas are not recommended for 24 hours
- Cool (or luke-warm) showers are recommended after the designated length of time for your tan (this will be discussed on the day of your treatment with you)
- Always pat dry your skin after a shower, do not rub at your skin
- No exfoliation or hair removal for as long as possible after your tan
- Moisturise, Moisturise, Moisturise,
- Using a tan extender will top up your tan for the following days/week to come
- If for whatever reason the tan does go patchy then a natural home remedy is to combine lemon juice and baking soda until it makes a paste. Then, rub the paste on your tan, and let it sit for a few minutes.

Results

Leave the tan to develop to your desired colour depth.

Light is 1 hour, medium is 3 hours & dark is overnight.

Tanning does not suit all clients, depending on preparation, aftercare, medications, skin-type and age the results and longevity of a tan will vary.

Booking in for a test treatment is recommended.

Still have questions?

Please call or email us further to discuss.

Yass Valley Day Spa

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